

## COURSE OUTLINE: CYC158 - COMM PRACTICUM I

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Approved: Martha Irwin, Dean, Community Services and Interdisciplinary Studies

| Course Code: Title  | CYC158: COMMUNITY PRACTICUM 1: PREP AND SEMINAR  |  |  |  |
|---|--|--|--|--|
| Program Number: Name  | 1065: CHILD AND YOUTH CARE   |  |  |  |
| Department:   | CHILD AND YOUTH WORKER   |  |  |  |
| Academic Year:  | 2022-2023  |  |  |  |
| Course Description:   | CYC Field Placement Preparation Lab and Seminar focuses on professional development with an emphasis on teamwork and communication. Students will be introduced to their role as a Child and Youth Care placement student in various settings and will learn to recognize the value of initiative and teamwork within those settings. This course will prepare students for future placements in the CYC program. Students in this course will work together to develop and run programming within a community placement setting. A breakdown of lab and seminar time commitments will be discussed in class.  |  |  |  |
| Total Credits:  | 4  |  |  |  |
| Hours/Week:   | 5  |  |  |  |
| Total Hours:  | 71   |  |  |  |
| Prerequisites:  | CYC104   |  |  |  |
| Corequisites:   | There are no co-requisites for this course.  |  |  |  |
| Vocational Learning Outcomes (VLO's) addressed in this course:  Please refer to program web page for a complete listing of program outcomes where applicable. | 1065 - CHILD AND YOUTH CARE  |  |  |  |
| Please refer to program web page for a complete listing of program  | <ul> <li>VLO 1 Develop and maintain therapeutic relationships with children, youth and their families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs</li> <li>VLO 2 Assess the strengths, developmental and holistic needs of children, youth and their families, using methods grounded in theoretical frameworks, research and</li> </ul>  |  |  |  |
| Please refer to program web page for a complete listing of program  | families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs  |  |  |  |
| Please refer to program web page for a complete listing of program  | families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs  VLO 2 Assess the strengths, developmental and holistic needs of children, youth and their families, using methods grounded in theoretical frameworks, research and therapeutic practices, to develop care and intervention plans.  VLO 3 Develop and implement care and intervention plans appropriate for the therapeutic milieu using evidence-informed practices and research to provide support for   |  |  |  |
| Please refer to program web page for a complete listing of program  | families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs  VLO 2 Assess the strengths, developmental and holistic needs of children, youth and their families, using methods grounded in theoretical frameworks, research and therapeutic practices, to develop care and intervention plans.  VLO 3 Develop and implement care and intervention plans appropriate for the therapeutic milieu using evidence-informed practices and research to provide support for children, youth, and their families.  VLO 4 Use equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based frameworks, as well as cultural humility, to create positive and sustainable solutions and respond to inequities and to systemic barriers   |  |  |  |
| Please refer to program web page for a complete listing of program  | families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs  VLO 2 Assess the strengths, developmental and holistic needs of children, youth and their families, using methods grounded in theoretical frameworks, research and therapeutic practices, to develop care and intervention plans.  VLO 3 Develop and implement care and intervention plans appropriate for the therapeutic milieu using evidence-informed practices and research to provide support for children, youth, and their families.  VLO 4 Use equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based frameworks, as well as cultural humility, to create positive and sustainable solutions and respond to inequities and to systemic barriers experienced by children, youth and their families.  VLO 6 Employ communication, collaboration and relational skills with the inter-professional team and with community partners to ensure and enhance the professionalism of |  |  |  |

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|  | VLO 9                 | Adhere to relevant legislation and Child and Youth Care standards of practice, competencies, and codes of ethics as a practitioner.  |   |  |  |
|--|-----------------------|--|---|--|--|
|  | VLO 10                | Practice in a variety of contexts and settings, respecting needs for developmental growth, safety, wellbeing and agency, while addressing the varying age and developmental ranges of children, youth, and their families. |   |  |  |
|  | VLO 12                | Indigenous, Black, disabled communiti  | ty to work with children, youth and families who identify with and racialized communities, as well as people in LGBTQ2+ and es, by identifying systemic inequities and barriers, integrating rauma-informed care, and respecting their inherent rights to   |  |  |
| Essential Employability<br>Skills (EES) addressed in | EES 1                 | Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.  |   |  |  |
| this course:   | EES 2                 | Respond to written, spoken, or visual messages in a manner that ensures effective communication.   |   |  |  |
|  | EES 4                 | Apply a systematic approach to solve problems.   |   |  |  |
|  | EES 5                 | Use a variety of thinking skills to anticipate and solve problems.   |   |  |  |
|  | EES 6                 | Locate, select, organize, and document information using appropriate technology and information systems.   |   |  |  |
|  | EES 7                 | ES 7 Analyze, evaluate, and apply relevant information from a variety of sources.  |   |  |  |
|  | EES 8                 | Show respect for the diverse opinions, values, belief systems, and contributions of<br>others.   |   |  |  |
|  | EES 9                 | 6.9 Interact with others in groups or teams that contribute to effective working<br>relationships and the achievement of goals.  |   |  |  |
|  | EES 10                | ES 10 Manage the use of time and other resources to complete projects.   |   |  |  |
|  | EES 11                | Take responsibility for ones own actions, decisions, and consequences.   |   |  |  |
| Course Evaluation:                                   | Passing Grade: 50%, D |  |   |  |  |
|  | A minimu              |  | 2.0 or higher where program specific standards exist is required  |  |  |
| Course Outcomes and                                  | Course                | Outcome 1  | Learning Objectives for Course Outcome 1  |  |  |
| Learning Objectives:                                 | understa<br>skills to | onstrate an<br>anding of relational<br>be used in the<br>of placements.  | 1.1 Describe strategies that promote positive relationships, understanding and trust with clients 1.2 Explain how relational skills such as consideration, safety, trust, presence and empathy will be conveyed at placement 1.3 Explain and apply strength-based strategies that support positive change within the practicum environment 1.4 Understand and establish appropriate professional boundaries on placement 1.5 Provide examples of working effectively with clients' diverse needs 1.6 Evaluate and articulate professional interactions with clients, colleagues and supervisor(s) |  |  |
|  | Course                | Outcome 2  | Learning Objectives for Course Outcome 2  |  |  |
|  | 2. Plan               | and evaluate   |   |  |  |

| interventions and activities that are appropriate for the therapeutic milieu using evidence- informed practices, while respecting needs for developmental growth, safety, wellbeing and agency for children and youth.   | 2.1 Assess strengths and needs of children and youth 2.2 Plan, implement and evaluate activities consistent with the interests and developmental levels of children and youth 2.3 Collaborate in the development of realistic goals with, and for, children and youth   |
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| Course Outcome 3   | Learning Objectives for Course Outcome 3  |
| 3. Develop the capacity to work with children, youth and families who identify with Indigenous, Black, and racialized communities, as well as people in LGBTQ2IA+ and disabled communities using equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based frameworks, as well as cultural humility. | 3.1 Discuss the different definitions of cultural competence. 3.2 Identify and describe the multiple aspects of identities. 3.3 Discuss the harmful effects of colonial practices and policies on generations of Indigenous Peoples in Canada. 3.4 Identify respectful ways a Child and Youth Care professionals can incorporate an Indigenous worldview into their care practices with children, youth, and families. 3.5 Assess your own biases, stereotypes, and level of cultural competence. 3.6 Consider and manage personal values, beliefs, opinions and experiences in ways that ensure quality service to clients and maintain personal well-being  |
| Course Outcome 4   | Learning Objectives for Course Outcome 4  |
| Employ communication, collaboration and relational skills with others to ensure and enhance professionalism of practice.   | 4.1 Demonstrate cooperation and professionalism within a team environment 4.2 Develop and apply organizational and time management skills 4.3 Plan and implement clear written, oral and electronic communications as assigned (i.e., completing written reports, preparing oral presentations, etc.) 4.4 Comply with all relevant documentation and reporting requirements 4.5 Provide information and explain ideas in ways that are clear and respectful of diverse individuals and groups 4.6 Establish and maintain appropriate boundaries with professional colleagues, children, youth and their families 4.7 Consult with relevant others to gain an holistic understanding regarding services for children, youth and their families 4.8 Evaluate the results of communication and adapt communication as necessary to promote understanding |
| Course Outcome 5   | Learning Objectives for Course Outcome 5  |
| 5.Engage in self-inquiry, relational inquiry and critical reflection to develop strategies for learning and the practice of self-care, as  | <ul> <li>5.1 Differentiate between personal and professional boundaries.</li> <li>5.2 Describe what privilege looks and feels like.</li> <li>5.3 Identify your top five strengths of character.</li> <li>5.4 Define Self as it relates to Child and Youth Care.</li> </ul>  |

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| a practitioner.   | 5.5 Implement appropriate strategies and resources to instil cultural competence as a life-long learning process. 5.6 Analyze a situation using reflection tools. 5.7 Map your social location. 5.8 Develop a self-care plan. 5.9 Discuss strategies for preventing burnout and compassion fatigue. 5.11 Assess one's own professional skills, knowledge and personal well-being on an on-going basis and seek out opportunities to enhance professional growth 5.12 Examine the impact of self on others and ensure that interactions are consistent, constructive, and positive 5.13 Set clear, measurable goals to enhance professional development |
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| Course Outcome 6  | Learning Objectives for Course Outcome 6   |
| 6. Use professional development resources and supervision to increase professional capacity, learning and leadership skills.              | 6.1 Describe the role of supervision as it relates to Child and Youth Care. 6.2 Seek and use formal and informal supervision opportunities and ongoing feedback to enhance professional growth and competence 6.3 Determine current skills and knowledge through self-assessment, reflection and collaboration with peers and supervisor 6.4 Establish reasonable, measurable, and realistic personal and professional goals to enhance work performance and evaluate progress towards goals 6.5 Begin development of a professional identity as a child and youth care practitioner   |
| Course Outcome 7  | Learning Objectives for Course Outcome 7   |
| 7. Adhere to relevant legislation and Child and Youth Care standards of practice*, competencies*, and codes of ethics* as a practitioner. | 7.1 Define professionalism and its importance in creating a respectful workplace. 7.2 Identify behaviours that demonstrate respect and professionalism in the workplace 7.3 Apply the Ontario Association of Child and Youth Care (OACYC) Code of Ethics to practical scenarios (2017). 7.4 Identify ethical dilemmas and moral tensions when they arise. 7.5 Interact in a professional manner as guided by the professional code of ethics 7.6 Maintain the privacy and confidentiality of clients, supervisors and colleagues in accordance with all relevant policies and procedures   |

## **Evaluation Process and Grading System:**

| Evaluation Type                   | <b>Evaluation Weight</b> |  |
|-----------------------------------|--------------------------|--|
| Activity Plan and Self Evaluation | 15%                      |  |
| Observation Report                | 15%                      |  |
| OER Activities                    | 20%                      |  |
| Professional Goals                | 15%                      |  |

|           | Reflection   | 15% |  |
|-----------|--|-----|--|
|           | Skill Development  | 20% |  |
| Date:     | January 4, 2023  |     |  |
| Addendum: | Please refer to the course outline addendum on the Learning Management System for further information. |     |  |

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